



First Tee – Greater Houston (Certification Levels)

First Tee is a youth development program. Participants advance from one level to the next based on their progression and mastery of various golf and life skills. The time it takes a member to advance from one level to the next varies with each participant. Participants must meet certain requirements before advancing to a new level.

Level	Age (Minimum)	Core Lessons	Certification Requirements
PLAYer	7	<u>Exposure</u> <ul style="list-style-type: none"> Welcome and Showing Respect Courtesy Toward Others Responsibility for the Course The Honesty of PLAYers Modeling Sportsmanship 	<ul style="list-style-type: none"> Actively participate in 4 of 5 classes Demonstrate proper playing of 3-holes in a timely, safe & polite manner, recording score accurately
Advanced PLAYer (2 Cycles) Or *Advanced PLAYer 1 *Advanced PLAYer 2 *Advanced PLAYer 3 (Progression)	7	<u>Mastery</u> <ul style="list-style-type: none"> Welcome and Showing Respect Courtesy Toward Others Responsibility for the Course The Honesty of PLAYers Modeling Sportsmanship Developing Confidence Using Good Judgment Playing with Perseverance Living with Integrity 	<ul style="list-style-type: none"> Observable Behavior- Repeatedly demonstrate understanding of core lessons Score 80% or higher on Life Skill & Golf Knowledge written assessments. Completion of 9-hole putting course in 27 strokes or less Play (1), 9-hole round outside of class from at least 50 yards per hole. For pace of play shot max is (8) strokes per hole
Par (2 cycles) Or *Par 3 *Par 4 (Progression)	8	<u>Exposure</u> <ul style="list-style-type: none"> Exploring the Game Respecting the Rules Meeting and Greeting with A-L-R Having Fun While You Learn Staying Cool Finding Your Personal Par 	<ul style="list-style-type: none"> Completion of a 3-hole short game course in 15 strokes or less Score 80% or higher on the Golf Knowledge written assessment Play (1), 9-hole round in a max of 83 strokes, distance between 1,100-1,500 yards outside of class.

*Sub Level Names may vary across program locations

<p style="text-align: center;">Advanced Par (2 Cycles)</p>	<p>9</p>	<p><u>Mastery</u></p> <ul style="list-style-type: none"> • Exploring the Game • Respecting the Rules • Meeting and Greeting with A-L-R • Having Fun While You Learn • Staying Cool • Finding Your Personal Par 	<ul style="list-style-type: none"> • Observable Behavior- Repeatedly demonstrate understanding of core lessons • Score 80% or higher on Life Skills written assessment • Completion of 9-hole putting course in 24 strokes or less • Completion of 3-hole short game course in 12 strokes or less • Play (1), 9-hole round in a score of 72 or less, distance between 1,500-1,900 yards outside of class
<p style="text-align: center;">Birdie (2 Cycles)</p>	<p>10</p>	<p><u>Exposure</u></p> <ul style="list-style-type: none"> • Dreams and Goals • Setting Goals that are Positive and Important to you • Setting Goals that are Specific and Under Your Control • Setting Different Types of Goals • Getting to Your Goal • Dealing with Challenges 	<ul style="list-style-type: none"> • Score 80% or higher on Golf Knowledge written assessment • Completion of 6-hole short game course in 21 strokes or less • Hit 1 out of 6 Greens from 75 yards • Play (2), 9-hole rounds in a max of 63 strokes or less from 1,900- 2,500 yards outside of class
<p style="text-align: center;">Advanced Birdie (2 Cycles)</p>	<p>11</p>	<p><u>Mastery</u></p> <ul style="list-style-type: none"> • Dreams and Goals • Setting Goals that are Positive and Important to you • Setting Goals that are Specific and Under Your Control • Setting Different Types of Goals • Getting to Your Goal • Dealing with Challenges 	<ul style="list-style-type: none"> • Observable Behavior- Repeatedly demonstrate understanding of core lessons • Score 80% or higher on Life Skill Knowledge written assessment • Completion of 6-hole short game course in 18 strokes or less • Hit 2 out of 6 Greens from 75 yards • Completion of 9-hole putting course in 21 strokes or less • Play (3), 9-hole rounds in a max of 63 strokes or less from 1,900- 2,500 yards outside of class

<p style="text-align: center;">Eagle (4 Cycles)</p>	<p style="text-align: center;">12</p>	<p><u>Mastery</u></p> <ul style="list-style-type: none"> • Stay Well for Life • Building a Go-to Team • Appreciating Diversity • Dealing with Conflicts • Be a Go-to Person • Planning for the Future 	<ul style="list-style-type: none"> • Observable Behaviors- Repeatedly demonstrate understanding of core lessons • Score 80% or higher on Life Skills and Golf Knowledge written assessments • Play (10), 18-hole rounds in a max of 108 strokes from minimum distance 5,000 yards outside of class • Completion of 9-hole putting course in 18 strokes or less • Completion of 9-hole short game course in 24 strokes or less • Hit 3 out of 6 fairways AND greens • Fairway minimum distance 160 yards and width 40-50 yards • Greens distance 80-100 yards
<p style="text-align: center;">Ace (4 Cycles)</p>	<p style="text-align: center;">14</p>	<p><u>Mastery</u></p> <ul style="list-style-type: none"> • Enjoy Golf for Life • Investigate Career Opportunities • Give Back- Serve as a volunteer or junior coach • Explore Educational Opportunities 	<ul style="list-style-type: none"> • Observable Behaviors- Repeatedly demonstrate understanding of core lessons • Enjoy Golf for Life (Project #1) • Investigate Career Opportunities (Project #2) • Give Back- Serve as a volunteer or junior coach (Project #3) • Explore Educational Opportunities (Project #4)